

# 4 Way Tug of War

Team: 10-20 Pathfinders

Club Staff: Adequate staff for Club is required

Instructors: 2 TLT's or 2 Staff

Equipment: 4 way tug of war rope

Time Limit: 10 minutes

- Instructions:
1. All Pathfinders line up to the rope and grab onto the hand holds  
(Each Team/Club on 1 of the 4 ropes)
  2. On the signal **1 whistle** each team pulls attempting to pull rope across their side of the finish line "box" or "circle"
  3. Safety is of great concern, if **double whistle** blows stop pulling immediately

## Team Size Notes:

Teams must be of equal number and relative age and size on all 4 ropes.