Potomac Conference Master Guide Portfolio

*Required Documentation to be invested as a Master Guide by the Potomac Conference*

In an effort to set and maintain a standard of excellence expected of each Master Guide (MG) Candidate, the Potomac Conference Pathfinder Leadership has developed this required MG Portfolio. Each candidate must document their progress along their MG journey in this portfolio. In preparation for Investiture the candidate will submit their portfolio to the Conference MG Committee for review. The committee will evaluate each section and either pass the section or write expectations for further efforts to be completed. Once all sections are passed, the Pathfinder Director will schedule a meeting between the candidate, their mentor, and the MG Committee to discuss the candidate’s MG Journey. Upon completion of this discussion the Pathfinder Director will approve the candidate for Investiture and return this portfolio as a journal of their Master Guide discovery.
Master Guide Requirements

I. Prerequisites

1. Be a baptized member of the Seventh-day Adventist Church.
2. Have a written recommendation from your local church board, stating that the candidate is in regular standing.
3. Be at least 16 years of age to start the Master Guide Leadership course and at least 18 years of age at completion.
4. Have a completed Basic Staff Training Certification and been involved for a minimum of one year in one of the following ministries.
   a. Adventurers Ministries
   b. Pathfinders Ministries

II. Spiritual Development

1. Read or Listen to the book Steps to Christ or Steps to Christ Youth Edition and submit a one-page response focusing on the benefits of your reading.
2. Complete the devotional guide “Encounter Series I, Christ the Way”, or complete another year long Bible reading plan that covers the four Gospels and read the Desire of the Ages or Humble Hero.
3. Do one of the following:
   a. Keep a devotional journal for at least four weeks, summarizing what you learned in your devotional time and outlining how you are growing in your faith.
   b. Complete the Steps to Discipleship Personal Spirituality Curriculum
4. Earn the Pathfinder Evangelism Award.
5. Prepare a two-paragraph summary on each of the 28 fundamental beliefs.
6. Develop and present four of the following beliefs. Use of creative media is encouraged.
   a. Creation
   b. The Experience of Salvation
   c. Growing in Christ
   d. The Remnant and Its Mission
   e. Baptism
   f. Spiritual Gifts and Ministries
   g. The Gift of Prophecy
h. The Sabbath
i. Christ’s Ministry in the Heavenly Sanctuary
j. The Second Coming of Christ
k. Death and Resurrection

7. Enhance knowledge of Church Heritage by completing the following:
   a. Earn the Adventist Heritage Honor
   b. Read a book about SDA youth ministry

8. Read a book about church heritage

9. Attend a Seminar, or complete a 2 page (minimum) research paper about a standard temperament analysis program and complete the affiliated temperament inventory.

III. Skills Development .................................................................................................................................................. 62

1. Attend and complete a seminar in each of the following ten subjects: (Each seminar must be at least 75 minutes long).
   a. How to be a Christian Leader & Leadership Skills
   b. Vision, Mission and Motivation
   c. Communication Theory and Listening Skills
   d. Practical Communication Practices
   e. Understanding Teaching and Learning Styles
   f. Creativity and Resources Development
   g. How to Prepare Effective Creative Worships
   h. Principles of Youth and Children’s Evangelism
   i. How to Lead a Child to Christ
   j. Understanding your Spiritual Gifts

2. Attend a seminar on Risk Management that focus’ on Adventurer and Pathfinder Activities.

3. Attend a Seminar on Child Abuse Prevention

4. Have or earn the following honors
   a. Christian Storytelling
   b. Camping Skills I-IV
   c. Basic Drilling and Marching
   d. Knots

5. Earn two additional honors not previously earned: one from the list below and a skill level 2 or 3 honor from a list provided by your local conference.
   a. Crisis Intervention
   b. Nutrition
   c. Flags
6. Hold a current First Aid & CPR certificate or its equivalent. (Instructor Required)
7. Supervise participants through either the Adventurer Curriculum or Pathfinder Investiture achievement, or teach a Sabbath School class for children ages 6-15, or its equivalent for at least one year.

IV. Child Development ........................................................................................................................................... 72

1. Read or listen to the book Education and submit a one-page response focusing on the benefits of your reading.
2. Read or listen to either Child Guidance or Messages to Young People and submit a one page response focusing on the benefits of your reading.
3. Attend one seminar dealing with child development relating to the age of your primary ministry group.
4. Observe for a period of two (2) hours a group of Adventurers or Pathfinders and write a reflection on their interaction.
5. Attend a seminar on discipline.

V. Leadership Development ...................................................................................................................................... 80

1. Read a current book about “Leadership Skill Development”
2. Demonstrate your leadership skills by doing the following:
   a. Develop and conduct three creative worships for children and/or teenagers.
   b. Participate in a leadership role with your local church children’s/youth group in a Conference sponsored event.
   c. Teach three Adventurer Awards or two Pathfinder Honors.
   d. Assist in planning and leading a field trip for a group of Adventurers, Pathfinders or Sabbath School class.
   e. Be an active Adventurer, Pathfinders, or Sabbath School staff member for at least one year and attend at least 75% of all staff meetings
3. Write personal goals that you would like to accomplish in your ministry.
4. Identify three current goals in your life, at least one of which is spiritually oriented, and list three goals or objects for each.
VI. Fitness Lifestyle Development

1. Participate in a personal physical fitness plan by completing one of the following.
   a. A personal physical fitness program of your choice and according to your abilities, for at least three months.
   b. A school physical fitness program
   c. The physical components of the AY Silver Award. If you already have the AY Silver award then complete the physical fitness components of the AY Gold Award.

VII. Documentation

1. The Master Guide curriculum must be completed in a minimum of one year and a maximum of three years.
2. All Master Guide Candidates must document all work in a portfolio.
3. Curriculum completion is under the supervision of the conference Youth, Pathfinder or Adventurer Director, or their designated Master Guide representative.
Participant Information

Name: ______________________________________________  Club Director: ________________________________
Email: ____________________________________________  Master Guide Mentor: __________________________
Contact Phone: ________________________________  Mentor’s email: _________________________________
Home Club: ________________________________  Master Guide Mentor’s phone: ________________

Prerequisites

1. Be a baptized member of the Seventh-day Adventist Church

I was baptized or joined the church by profession of faith on the following date, ___________________.
At that time, I joined the local congregation at the __________________________ church.

Signed: _______________________________
     Master Guide Candidate

2. Written Recommendation from your Local Church Board

Dear Potomac Conference Pathfinder Leaders,

This letter is written to certify that _____________________________ is a member in good standing at the _____________________________ church. This candidate regularly attends our church and joined our congregation by means of _____________________________. We are happy to recommend them for consideration as a Master Guide candidate, and pleased that they are interested in learning more about God, the Seventh-day Adventist church’s history, and our SDA doctrines. We support them taking this step in developing their leadership potential.

Signed: _______________________________
     Pastor

Signed: _______________________________
     Elder
3. Be at least 16 to start MG training & at least 18 years of age at Investiture

I provided documented proof of age by presenting my ____________________________.
(birth certificate / driver’s license / passport)

and this was confirmed by my mentor, ____________________________.

Signed: _______________________________

Master Guide Mentor’s Signature

4. Be involved with an Adventurer or Pathfinder club for at least one year

I attest that the following candidate ____________________________ has been a staff

member in good standing at the ____________________________ Pathfinder/Adventurer Club.

Church Name                            Circle One

Director’s Printed Name: ____________________________

Signature: _______________________________

Director’s Signature

4a. or 4b. Complete the Pathfinder or Adventurer Basic Staff Training

The official Pathfinder Basic Staff Training Documentation and Adventurer Basic Staff Training Documentation can be found on the next three pages.
# Pathfinder
## Basic Staff Training
### Certification Check List

**Participant information**

Name

E-mail

Contact phone

Training initiation date

**Certification requirements**

**Prerequisites**

1. Be at least 16 years old
2. Be a Seventh-day Adventist Christian who loves Jesus and is willing to share this love in both word and deed.
3. Intend to be an active Pathfinder staff member OR
   Be participating in Master Guide training.

**Seminars**

<table>
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<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Date</th>
<th>Event/Loc</th>
<th>Instructor sig.</th>
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<tbody>
<tr>
<td>PFAD 001</td>
<td>Pathfinder Club ministry: It’s purpose, history, and relationship to Church and Adventurers</td>
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<tr>
<td>PFAD 002</td>
<td>Introduction to Pathfinder Club organization</td>
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<td>PFAD 003</td>
<td>Introduction to Pathfinder Club programing and planning</td>
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<td>PFAD 004</td>
<td>Introduction to Pathfinder Club outreach</td>
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<td>PFAD 005</td>
<td>Introduction to basic drill</td>
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<td>PYSO 104</td>
<td>Adolescent development</td>
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<tr>
<td>EDUC 001</td>
<td>Introduction to teaching skills</td>
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<tr>
<td>MEDI 100</td>
<td>Introduction to medical, risk management and child safety issues</td>
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</table>
**Required Field Work**

1. Create a Portfolio that contains the handouts and your personal notes from the seminars you attend.

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**Reviewing Master Guide use only**

I have completed a review of the participants Portfolio and Basic Staff Training Check List and have found them to have completed the requirements for this certification.

<table>
<thead>
<tr>
<th>Training completion date</th>
<th>Signature</th>
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</table>

Name: ____________________________________________

E-mail: ___________________________________________ Contact phone: ____________________________

Home Conf: ______________________________________

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**Failed review instructions**

In the event of a failed review, the reviewing Master Guide should return the Portfolio to the participant along with a written note explaining what additional work or documentation must be completed to receive a pass.

**Reviewing Master Guide disclaimer**

Completion of this training curriculum does not guarantee the bearer's overall qualification to lead, nor does it give a guarantee of ability, aptitude, or placement. It simply marks completion of a training curriculum.

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ADVENTURER BASIC
STAFF TRAINING COURSE

<table>
<thead>
<tr>
<th>Requirements</th>
<th>Completed</th>
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<tbody>
<tr>
<td>Attend a training seminar covering the fundamentals of the Adventurer Club.</td>
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<tr>
<td>1. History and Purpose of the Adventurer Program</td>
<td>Date</td>
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<tr>
<td>2. Understanding Adventurers</td>
<td>Date</td>
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<tr>
<td>3. Club Leadership</td>
<td>Date</td>
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<tr>
<td>4. Club Organization</td>
<td>Date</td>
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<tr>
<td>5. Club Programming and Planning</td>
<td>Date</td>
</tr>
<tr>
<td>6. Adventurer Curriculum</td>
<td>Date</td>
</tr>
<tr>
<td>7. Adventurer Family Network Program</td>
<td>Date</td>
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<tr>
<td>8. Adventurer Awards</td>
<td>Date</td>
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<tr>
<td>9. Pathfinder Ministries</td>
<td>Date</td>
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</table>
I have completed a review of the participants Portfolio and Potomac Pathfinders Master Guide Seminar Check List and have found them to have completed the requirements for this certification.

**Training Completion Date:** _____________________  **Signature:** _____________________

**Name:** ________________________________________  **Email:** _________________________

**Contact Phone:** _____________________

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**Failed Review Instructions**

In the event of a failed review, the reviewing Potomac Conference Master Guide Committee designee should return the Portfolio to the participant along with a written note explaining what additional work or documentation must be completed per the Required Field Work requirement, to receive a pass.

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**Reviewing Potomac Conference Master Guide Committee Designee Disclaimer**

Completion of this training curriculum does not guarantee that the bearer’s overall qualification to lead, nor does it give a guarantee of ability, aptitude, or placement. It simply marks completion of a training curriculum.
Participant Information

Name: _______________________________        Club Director: _______________________________

Email: _______________________________        Master Guide Mentor: __________________________

Contact Phone: _________________________        Mentor's email: _____________________________

Home Club: ____________________________        Master Guide Mentor's phone: ________________

Spiritual Development

1. Read or Listen to Steps to Christ and fill out the following responses

For Each Chapter, Please capture one important revelation or understanding you experienced while reading the chapter.

1. God’s Love of Man ____________________________________________________________
   ____________________________________________________________________________
   ____________________________________________________________________________
   ____________________________________________________________________________

2. The Sinner’s Need of Christ ____________________________________________________
   ____________________________________________________________________________
   ____________________________________________________________________________
   ____________________________________________________________________________

3. Repentance _________________________________________________________________
   ____________________________________________________________________________
   ____________________________________________________________________________
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4. Confession ________________________________________________________________
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5. Consecration

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6. Faith and Acceptance

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7. The Test of Discipleship

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8. Growing up Into Christ

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9. The Work and the Life

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10. A Knowledge of God

_________________________________________________________________________________________
_________________________________________________________________________________________
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11. The Privilege of Prayer

_________________________________________________________________________________________
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12. What to Do With Doubt
________________________________________________________________________________________
________________________________________________________________________________________
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13. Rejoicing in the Lord
________________________________________________________________________________________
________________________________________________________________________________________
________________________________________________________________________________________

2. Encounter Series I: Christ the Way (see following pages)

I read all of the reading materials specified by the ____________________________ from
Year Long Bible Study
__________________ until ____________________. Signed: ____________________________________
Date Started   Date Ended     Your Signature

2 continued. The Desire of Ages (Two Ways of Fulfilling This Requirement)

1. Please see signature above, I read Desire of Ages as Part of the Encounter Series I: Christ The Way

2. I read the Desire of Ages from _______________________ until _________________________.

Signed: ____________________________________
Date Started   Date Ended     Your Signature

Your Signature
### Encounter Series I: Christ The Way

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<td>□ 4. DA 22-24                                                         □ 4. DA 101,102</td>
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<td>□ 31. DA 90-92; Luke 1:5-23, 57-80                                    □</td>
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Note: DA is the standard symbol used for the book *Desire of Ages.*
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**Day 1**
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**Day 2**
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Potomac Pathfinders
Master Guide Portfolio - Section 2

Day 3

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A reflection on today’s reading: _________________________________________________________________
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My prayer focus for today: _____________________________________________________________________
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Page: 26
**Day 13**

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My prayer focus for today: _____________________________________________________________________
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**Day 14**

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Day 17

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Day 20

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### Day 27

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**My prayer focus for today:**

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### Day 28

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**A reflection on today’s reading:**

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**My prayer focus for today:**

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Steps to Discipleship Curriculum

Please see option i. – I completed the 28 day Journal of My Worships

-OR-

Please include the 240 page booklet you completed as part of this curriculum in your Master Guide Binder.
4. Evangelistic or Community Outreach

Event or Organization providing outreach: ______________________________________________________

Dates of Service: __________________________________________________________________________

Pastor’s or Supervisor’s Signature: _____________________________________________________________

Please provide a brief paragraph describing the outreach: ________________________________

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Please provide an assessment of what effect it had on your community: ______________________________

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Please provide an assessment of how serving affected your spiritual journey: ___________________________

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5. FUNDAMENTAL BELIEFS

The Potomac Conference realizes that the NAD requirement for the 28 Fundamental Beliefs states for the candidate to: “Prepare a two-paragraph summary on each of the 28 fundamental beliefs.” However, after decades of teaching Master Guide candidates we find this exercise insufficient for training leaders to be prepared for the questions they will face in the course of their ministry.

As ministry leaders working with children and youth, Master Guides will often be asked to explain certain aspects of what Seventh-day Adventists believe. Previous requirements had asked for a paper or oral presentation on each fundamental belief; however in our experience, what we generally received from the Master Guide candidates was a wonderful abridgement of the book *What Adventist Believe*. While this may be an illumining exercise for personal growth, it does not optimally prepare the candidate to take advantage of the opportunities to share their faith with the young people in their ministry.

The most opportune moments are normally found in that quiet time around a camp fire, or some other such setting, when a young person asks a direct question. When faced with such a question, you have about two minutes to make an impactful statement. In those two minutes, you better have more than just facts and Bible verses. Studies have shown that facts alone do not convict people of truth; rather facts associated with personal testimony is a much stronger motivator for young people to understand the importance of a church doctrine. If you can share the doctrine and why it affects your personal relationship with Jesus, you have a much greater chance of impacting the young person’s decision process.

Hence, the Potomac Conference requirement associated with the fundamental belief is captured in three parts:

1. Read each of the fundamental beliefs and all of their associated Biblical proof texts. (you will find these on the next few pages)
2. Summarize each fundamental belief in one declarative sentence. Please work to keep these sentences to no more than 140 characters. You do not have time for a sermon; rather summarize to hit the salient point. Brevity is essential, particularly as today’s youth are conditioned to hear and think in very small amounts of information
3. Summarize your testimony about each belief in one sentence. You must share your testimony to make the discussion impactful. If you cannot tell a young person why this belief affects your walk with God, how do you expect them to consider it important for themselves? Again, please work to keep these sentences to no more than 140 characters. If they have further questions, they will ask. Then you can let the conversation go where it will.

After the 28 Fundamental beliefs and texts on the next few pages, you will find spaces to record your two 140-character sentences for each belief.
1. **Holy Scriptures:**

The Holy Scriptures, Old and New Testaments, are the written Word of God, given by divine inspiration through holy men of God who spoke and wrote as they were moved by the Holy Spirit. In this Word, God has committed to man the knowledge necessary for salvation. The Holy Scriptures are the infallible revelation of His will. They are the standard of character, the test of experience, the authoritative revealer of doctrines, and the trustworthy record of God's acts in history. (2 Peter 1:20, 21; 2 Tim. 3:16, 17; Ps. 119:105; Prov. 30:5, 6; Isa. 8:20; John 17:17; 1Thess. 2:13; Heb. 4:12.)

2. **Trinity:**

There is one God: Father, Son, and Holy Spirit, a unity of three co-eternal Persons. God is immortal, all-powerful, all-knowing, above all, and ever present. He is infinite and beyond human comprehension, yet known through His self-revelation. He is forever worthy of worship, adoration, and service by the whole creation. (Deut. 6:4; Matt. 28:19; 2 Cor. 13:14; Eph. 4:4-6; 1Peter 1:2; 1 Tim. 1:17; Rev. 14:7.)

3. **Father:**

God the eternal Father is the Creator, Source, Sustainer, and Sovereign of all creation. He is just and holy, merciful and gracious, slow to anger, and abounding in steadfast love and faithfulness. The qualities and powers exhibited in the Son and the Holy Spirit are also revelations of the Father. (Gen. 1:1; Rev. 4:11; 1 Cor. 15:28; John 3:16; 1 John 4:8; 1 Tim. 1:17; Ex. 34:6, 7; John 14:9.)

4. **Son:**

God the eternal Son became incarnate in Jesus Christ. Through Him all things were created, the character of God is revealed, the salvation of humanity is accomplished, and the world is judged. Forever truly God, He became also truly man, Jesus the Christ. He was conceived of the Holy Spirit and born of the virgin Mary. He lived and experienced temptation as a human being, but perfectly exemplified the righteousness and love of God. By His miracles He manifested God's power and was attested as God's promised Messiah. He suffered and died voluntarily on the cross for our sins and in our place, was raised from the dead, and ascended to minister in the heavenly sanctuary in our behalf. He will come again in glory for the final deliverance of His people and the restoration of all things. (John 1:1-3, 14; Col. 1:15-19; John 10:30; 14:9; Rom. 6:23; 2 Cor. 5:17-19; John 5:22; Luke 1:35; Phil. 2:5-11; Heb. 2:9-18; 1 Cor. 15:3, 4; Heb. 8:1, 2; John 14:1-3.)
5. **Holy Spirit:**

God the eternal Spirit was active with the Father and the Son in Creation, incarnation, and redemption. He inspired the writers of Scripture. He filled Christ's life with power. He draws and convicts human beings; and those who respond He renews and transforms into the image of God. Sent by the Father and the Son to be always with His children, He extends spiritual gifts to the church, empowers it to bear witness to Christ, and in harmony with the Scriptures leads it into all truth. (Gen. 1:1, 2; Luke 1:35; 4:18; Acts 10:38; 2 Peter 1:21; 2 Cor. 3:18; Eph. 4:11, 12; Acts 1:8; John 14:16-18, 26; 15:26, 27; 16:7-13.)

6. **Creation:**

God is Creator of all things, and has revealed in Scripture the authentic account of His creative activity. In six days the Lord made "the heaven and the earth" and all living things upon the earth, and rested on the seventh day of that first week. Thus He established the Sabbath as a perpetual memorial of His completed creative work. The first man and woman were made in the image of God as the crowning work of Creation, given dominion over the world, and charged with responsibility to care for it. When the world was finished it was "very good," declaring the glory of God. (Gen. 1; 2; Ex. 20:8-11; Ps. 19:1-6; 33:6, 9; 104; Heb. 11:3.)

7. **Nature of Man:**

Man and woman were made in the image of God with individuality, the power and freedom to think and to do. Though created free beings, each is an indivisible unity of body, mind, and spirit, dependent upon God for life and breath and all else. When our first parents disobeyed God, they denied their dependence upon Him and fell from their high position under God. The image of God in them was marred and they became subject to death. Their descendants share this fallen nature and its consequences. They are born with weaknesses and tendencies to evil. But God in Christ reconciled the world to Himself and by His Spirit restores in penitent mortals the image of their Maker. Created for the glory of God, they are called to love Him and one another, and to care for their environment. (Gen. 1:26-28; 2:7; Ps. 8:4-8; Acts 17:24-28; Gen. 3; Ps. 51:5; Rom. 5:12-17; 2 Cor. 5:19, 20; Ps. 51:10; 1 John 4:7, 8, 11, 20; Gen. 2:15.)
8. **Great Controversy:**

All humanity is now involved in a great controversy between Christ and Satan regarding the character of God, His law, and His sovereignty over the universe. This conflict originated in heaven when a created being, endowed with freedom of choice, in self-exaltation became Satan, God's adversary, and led into rebellion a portion of the angels. He introduced the spirit of rebellion into this world when he led Adam and Eve into sin. This human sin resulted in the distortion of the image of God in humanity, the disordering of the created world, and its eventual devastation at the time of the worldwide flood. Observed by the whole creation, this world became the arena of the universal conflict, out of which the God of love will ultimately be vindicated. To assist His people in this controversy, Christ sends the Holy Spirit and the loyal angels to guide, protect, and sustain them in the way of salvation. (Rev. 12:4-9; Isa. 14:12-14; Eze. 28:12-18; Gen. 3; Rom. 1:19-32; 5:12-21; 8:19-22; Gen. 6-8; 2 Peter 3:6; 1 Cor. 4:9; Heb. 1:14.)

9. **Life, Death, and Resurrection of Christ:**

In Christ's life of perfect obedience to God's will, His suffering, death, and resurrection, God provided the only means of atonement for human sin, so that those who by faith accept this atonement may have eternal life, and the whole creation may better understand the infinite and holy love of the Creator. This perfect atonement vindicates the righteousness of God's law and the graciousness of His character; for it both condemns our sin and provides for our forgiveness. The death of Christ is substitutionary and expiatory, reconciling and transforming. The resurrection of Christ proclaims God's triumph over the forces of evil, and for those who accept the atonement assures their final victory over sin and death. It declares the Lordship of Jesus Christ, before whom every knee in heaven and on earth will bow. (John 3:16; Isa. 53; 1 Peter 2:21, 22; 1 Cor. 15:3, 4, 20-22; 2 Cor. 5:14, 15, 19-21; Rom. 1:4; 3:25; 4:25; 8:3, 4; 1 John 2:2; 4:10; Col. 2:15; Phil. 2:6-11.)

10. **Experience of Salvation:**

In infinite love and mercy God made Christ, who knew no sin, to be sin for us, so that in Him we might be made the righteousness of God. Led by the Holy Spirit we sense our need, acknowledge our sinfulness, repent of our transgressions, and exercise faith in Jesus as Lord and Christ, as Substitute and Example. This faith which receives salvation comes through the divine power of the Word and is the gift of God's grace. Through Christ we are justified, adopted as God's sons and daughters, and delivered from the lordship of sin. Through the Spirit we are born again and sanctified; the Spirit renews our minds, writes God's law of love in our hearts, and we are given the power to live a holy life. Abiding in Him we become partakers of the divine nature and have the assurance of salvation now and in the judgment. (2 Cor. 5:17-21; John 3:16; Gal. 1:4; 4:4-7; Titus 3:3-7; John 16:8; Gal. 3:13, 14; 1 Peter 2:21, 22; Rom. 10:17; Luke 17:5; Mark 9:23, 24; Eph. 2:5-10; Rom. 3:21-26; Col. 1:13, 14; Rom. 8:14-17; Gal. 3:26; John 3:3-8; 1 Peter 1:23; Rom. 12:2; Heb. 8:7-12; Eze. 36:25-27; 2 Peter 1:3, 4; Rom. 8:1-4; 5:6-10.)
11. **Growing in Christ:**

By His death on the cross Jesus triumphed over the forces of evil. He who subjugated the demonic spirits during His earthly ministry has broken their power and made certain their ultimate doom. Jesus' victory gives us victory over the evil forces that still seek to control us, as we walk with Him in peace, joy, and assurance of His love. Now the Holy Spirit dwells within us and empowers us. Continually committed to Jesus as our Savior and Lord, we are set free from the burden of our past deeds. No longer do we live in the darkness, fear of evil powers, ignorance, and meaninglessness of our former way of life. In this new freedom in Jesus, we are called to grow into the likeness of His character, communing with Him daily in prayer, feeding on His Word, meditating on it and on His providence, singing His praises, gathering together for worship, and participating in the mission of the Church. As we give ourselves in loving service to those around us and in witnessing to His salvation, His constant presence with us through the Spirit transforms every moment and every task into a spiritual experience. (Ps 1:1, 2; 23:4; 77:11, 12; Col 1:13, 14; 2:6, 14, 15; Luke 10:17-20; Eph 5:19, 20; 6:12-18; 1 Thess 5:23; 2 Peter 2:9; 3:18; 2 Cor. 3:17, 18; Phil 3:7-14; 1 Thess 5:16-18; Matt 20:25-28; John 20:21; Gal 5:22-25; Rom 8:38, 39; 1 John 4:4; Heb 10:25.)

12. **Church:**

The church is the community of believers who confess Jesus Christ as Lord and Savior. In continuity with the people of God in Old Testament times, we are called out from the world; and we join together for worship, for fellowship, for instruction in the Word, for the celebration of the Lord’s Supper, for service to all mankind, and for the worldwide proclamation of the gospel. The church derives its authority from Christ, who is the incarnate Word, and from the Scriptures, which are the written Word. The church is God’s family; adopted by Him as children, its members live on the basis of the new covenant. The church is the body of Christ, a community of faith of which Christ Himself is the Head. The church is the bride for whom Christ died that He might sanctify and cleanse her. At His return in triumph, He will present her to Himself a glorious church, the faithful of all the ages, the purchase of His blood, not having spot or wrinkle, but holy and without blemish. (Gen. 12:3; Acts 7:38; Eph. 4:11-15; 3:8-11; Matt. 28:19, 20; 16:13-20; 18:18; Eph. 2:19-22; 1:22, 23; 5:23-27; Col. 1:17, 18.)

13. **Remnant and Its Mission:**

The universal church is composed of all who truly believe in Christ, but in the last days, a time of widespread apostasy, a remnant has been called out to keep the commandments of God and the faith of Jesus. This remnant announces the arrival of the judgment hour, proclaims salvation through Christ, and heralds the approach of His second advent. This proclamation is symbolized by the three angels of Revelation 14; it coincides with the work of judgment in heaven and results in a work of repentance and reform on earth. Every believer is called to have a personal part in this worldwide witness. (Rev. 12:17; 14:6-12; 18:1-4; 2 Cor. 5:10; Jude 3, 14; 1 Peter 1:16-19; 2 Peter 3:10-14; Rev. 21:1-14.)
14. **Unity in the Body of Christ:**

The church is one body with many members, called from every nation, kindred, tongue, and people. In Christ we are a new creation; distinctions of race, culture, learning, and nationality, and differences between high and low, rich and poor, male and female, must not be divisive among us. We are all equal in Christ, who by one Spirit has bonded us into one fellowship with Him and with one another; we are to serve and be served without partiality or reservation. Through the revelation of Jesus Christ in the Scriptures we share the same faith and hope, and reach out in one witness to all. This unity has its source in the oneness of the triune God, who has adopted us as His children. (Rom. 12:4, 5; 1 Cor. 12:12-14; Matt. 28:19, 20; Ps. 133:1; 2 Cor. 5:16, 17; Acts 17:26, 27; Gal. 3:27, 29; Col. 3:10-15; Eph. 4:14-16; 4:1-6; John 17:20-23.)

15. **Baptism:**

By baptism we confess our faith in the death and resurrection of Jesus Christ, and testify of our death to sin and of our purpose to walk in newness of life. Thus we acknowledge Christ as Lord and Savior, become His people, and are received as members by His church. Baptism is a symbol of our union with Christ, the forgiveness of our sins, and our reception of the Holy Spirit. It is by immersion in water and is contingent on an affirmation of faith in Jesus and evidence of repentance of sin. It follows instruction in the Holy Scriptures and acceptance of their teachings. (Rom. 6:1-6; Col. 2:12, 13; Acts 16:30-33; 2:38; Matt. 28:19, 20.)

16. **Lord's Supper:**

The Lord's Supper is a participation in the emblems of the body and blood of Jesus as an expression of faith in Him, our Lord and Savior. In this experience of communion Christ is present to meet and strengthen His people. As we partake, we joyfully proclaim the Lord's death until He comes again. Preparation for the Supper includes self-examination, repentance, and confession. The Master ordained the service of foot washing to signify renewed cleansing, to express a willingness to serve one another in Christ like humility, and to unite our hearts in love. The communion service is open to all believing Christians. (1 Cor. 10:16, 17; 11:23-30; Matt. 26:17-30; Rev. 3:20; John 6:48-63; 13:1-17.)

17. **Spiritual Gifts and Ministries:**

God bestows upon all members of His church in every age spiritual gifts which each member is to employ in loving ministry for the common good of the church and of humanity. Given by the agency of the Holy Spirit, who apportions to each member as He wills, the gifts provide all abilities and ministries needed by the church to fulfill its divinely ordained functions. According to the Scriptures, these gifts include such ministries as faith, healing, prophecy, proclamation, teaching, administration, reconciliation, compassion, and self-sacrificing service and charity for the help and encouragement of people. Some members are called of God and endowed by the Spirit for functions recognized by the church in pastoral, evangelistic, apostolic, and teaching ministries particularly needed to equip the members for service, to build up the church to spiritual maturity, and to foster unity of the faith and knowledge of God. When members employ these spiritual gifts as faithful stewards of
God's varied grace, the church is protected from the destructive influence of false doctrine, grows with a growth that is from God, and is built up in faith and love. (Rom. 12:4-8; 1 Cor. 12:9-11, 27, 28; Eph. 4:8, 11-16; Acts 6:1-7; 1 Tim. 3:1-13; 1 Peter 4:10, 11.)

18. The Gift of Prophecy:

One of the gifts of the Holy Spirit is prophecy. This gift is an identifying mark of the remnant church and was manifested in the ministry of Ellen G. White. As the Lord's messenger, her writings are a continuing and authoritative source of truth which provide for the church comfort, guidance, instruction, and correction. They also make clear that the Bible is the standard by which all teaching and experience must be tested. (Joel 2:28, 29; Acts 2:14-21; Heb. 1:1-3; Rev. 12:17; 19:10.)

19. Law of God:

The great principles of God's law are embodied in the Ten Commandments and exemplified in the life of Christ. They express God's love, will, and purposes concerning human conduct and relationships and are binding upon all people in every age. These precepts are the basis of God's covenant with His people and the standard in God's judgment. Through the agency of the Holy Spirit they point out sin and awaken a sense of need for a Savior. Salvation is all of grace and not of works, but its fruitage is obedience to the Commandments. This obedience develops Christian character and results in a sense of well-being. It is an evidence of our love for the and our concern for our fellow men. The obedience of faith demonstrates the power of Christ to transform lives, and therefore strengthens Christian witness. (Ex. 20:1-17; Ps. 40:7, 8; Matt. 22:36-40; Deut. 28:1-14; Matt. 5:17-20; Heb. 8:8-10; John 15:7-10; Eph. 2:8-10; 1 John 5:3; Rom. 8:3, 4; Ps. 19:7-14.)

20. Sabbath:

The beneficent Creator, after the six days of Creation, rested on the seventh day and instituted the Sabbath for all people as a memorial of Creation. The fourth commandment of God's unchangeable law requires the observance of this seventh-day Sabbath as the day of rest, worship, and ministry in harmony with the teaching and practice of Jesus, the Lord of the Sabbath. The Sabbath is a day of delightful communion with God and one another. It is a symbol of our redemption in Christ, a sign of our sanctification, a token of our allegiance, and a foretaste of our eternal future in God's kingdom. The Sabbath is God's perpetual sign of His eternal covenant between Him and His people. Joyful observance of this holy time from evening to evening, sunset to sunset, is a celebration of God's creative and redemptive acts. (Gen. 2:1-3; Ex. 20:8-11; Luke 4:16; Isa. 56:5, 6; 58:13, 14; Matt. 12:1-12; Ex. 31:13-17; Eze. 20:12, 20; Deut. 5:12-15; Heb. 4:1-11; Lev. 23:32; Mark 1:32.)

21. Stewardship:

We are God's stewards, entrusted by Him with time and opportunities, abilities and possessions, and the blessings of the earth and its resources. We are responsible to Him for their proper use. We acknowledge God's ownership by faithful service to Him and our fellow men, and by returning tithes and giving offerings for the
proclamation of His gospel and the support and growth of His church. Stewardship is a privilege given to us by God for nurture in love and the victory over selfishness and covetousness. The steward rejoices in the blessings that come to others as a result of his faithfulness. (Gen. 1:26-28; 2:15; 1 Chron. 29:14; Haggai 1:3-11; Mal. 3:8-12; 1 Cor. 9:9-14; Matt. 23:23; 2 Cor. 8:1-15; Rom. 15:26, 27.)

22. **Christian Behavior:**

We are called to be a godly people who think, feel, and act in harmony with the principles of heaven. For the Spirit to recreate in us the character of our Lord we involve ourselves only in those things which will produce Christ like purity, health, and joy in our lives. This means that our amusement and entertainment should meet the highest standards of Christian taste and beauty. While recognizing cultural differences, our dress is to be simple, modest, and neat, befitting those whose true beauty does not consist of outward adornment but in the imperishable ornament of a gentle and quiet spirit. It also means that because our bodies are the temples of the Holy Spirit, we are to care for them intelligently. Along with adequate exercise and rest, we are to adopt the most healthful diet possible and abstain from the unclean foods identified in the Scriptures. Since alcoholic beverages, tobacco, and the irresponsible use of drugs and narcotics are harmful to our bodies, we are to abstain from them as well. Instead, we are to engage in whatever brings our thoughts and bodies into the discipline of Christ, who desires our wholesomeness, joy, and goodness. (Rom. 12:1, 2; 1 John 2:6; Eph. 5:1-21; Phil. 4:8; 2 Cor. 10:5; 6:14-7:1; 1 Peter 3:1-4; 1 Cor. 6:19, 20; 10:31; Lev. 11:1-47; 3 John 2.)

23. **Marriage and the Family:**

Marriage was divinely established in Eden and affirmed by Jesus to be a lifelong union between a man and a woman in loving companionship. For the Christian a marriage commitment is to God as well as to the spouse, and should be entered into only between partners who share a common faith. Mutual love, honor, respect, and responsibility are the fabric of this relationship, which is to reflect the love, sanctity, closeness, and permanence of the relationship between Christ and His church. Regarding divorce, Jesus taught that the person who divorces a spouse, except for fornication, and marries another, commits adultery. Although some family relationships may fall short of the ideal, marriage partners who fully commit themselves to each other in Christ may achieve loving unity through the guidance of the Spirit and the nurture of the church. God blesses the family and intends that its members shall assist each other toward complete maturity. Parents are to bring up their children to love and obey the Lord. By their example and their words they are to teach them that Christ is a loving disciplinarian, ever tender and caring, who wants them to become members of His body, the family of God. Increasing family closeness is one of the earmarks of the final gospel message. (Gen. 2:18-25; Matt. 19:3-9; John 2:1-11; 2 Cor. 6:14; Eph. 5:21-33; Matt. 5:31, 32; Mark 10:11, 12; Luke 16:18; 1 Cor. 7:10, 11; Ex. 20:12; Eph. 6:1-4; Deut. 6:5-9; Prov. 22:6; Mal. 4:5, 6.)
24. **Christ’s Ministry in the Heavenly Sanctuary:**

There is a sanctuary in heaven, the true tabernacle which the Lord set up and not man. In it Christ ministers on our behalf, making available to believers the benefits of His atoning sacrifice offered once for all on the cross. He was inaugurated as our great High Priest and began His intercessory ministry at the time of His ascension. In 1844, at the end of the prophetic period of 2300 days, He entered the second and last phase of His atoning ministry. It is a work of investigative judgment which is part of the ultimate disposition of all sin, typified by the cleansing of the ancient Hebrew sanctuary on the Day of Atonement. In that typical service the sanctuary was cleansed with the blood of animal sacrifices, but the heavenly things are purified with the perfect sacrifice of the blood of Jesus. The investigative judgment reveals to heavenly intelligences who among the dead are asleep in Christ and therefore, are deemed worthy to have part in the first resurrection. It also makes manifest who among the living are abiding in Christ, keeping the commandments of God and the faith of Jesus, and in Him, therefore, are ready for translation into His everlasting kingdom. This judgment vindicates the justice of God in saving those who believe in Jesus. It declares that those who have remained loyal to God shall receive the kingdom. The completion of this ministry of Christ will mark the close of human probation before the Second Advent. (Heb. 8:1-5; 4:14-16; 9:11-28; 10:19-22; 1:3; 2:16, 17; Dan. 7:9-27; 8:13, 14; 9:24-27; Num. 14:34; Eze. 4:6; Lev. 16; Rev. 14:6, 7; 20:12; 14:12; 22:12.)

25. **Second Coming of Christ:**

The second coming of Christ is the blessed hope of the church, the grand climax of the gospel. The Savior’s coming will be literal, personal, visible, and worldwide. When He returns, the righteous dead will be resurrected, and together with the righteous living will be glorified and taken to heaven, but the unrighteous will die. The almost complete fulfillment of most lines of prophecy, together with the present condition of the world, indicates that Christ's coming is imminent. The time of that event has not been revealed, and we are therefore exhorted to be ready at all times. (Titus 2:13; Heb. 9:28; John 14:1-3; Acts 1:9-11; Matt. 24:14; Rev. 1:7; Matt. 24:43, 44; 1 Thess. 4:13-18; 1 Cor. 15:51-54; 2 Thess. 1:7-10; 2:8; Rev. 14:14-20; 19:11-21; Matt. 24; Mark 13; Luke 21; 2 Tim. 3:1-5; 1 Thess. 5:1-6.)

26. **Death and Resurrection:**

The wages of sin is death. But God, who alone is immortal, will grant eternal life to His redeemed. Until that day death is an unconscious state for all people. When Christ, who is our life, appears, the resurrected righteous and the living righteous will be glorified and caught up to meet their Lord. The second resurrection, the resurrection of the unrighteous, will take place a thousand years later. (Rom. 6:23; 1 Tim. 6:15, 16; Eccl. 9:5, 6; Ps. 146:3, 4; John 11:11-14; Col. 3:4; 1 Cor. 15:51-54; 1 Thess. 4:13-17; John 5:28, 29; Rev. 20:1-10.)
27. **Millennium and the End of Sin:**

The millennium is the thousand-year reign of Christ with His saints in heaven between the first and second resurrections. During this time the wicked dead will be judged; the earth will be utterly desolate, without living human inhabitants, but occupied by Satan and his angels. At its close Christ with His saints and the Holy City will descend from heaven to earth. The unrighteous dead will then be resurrected, and with Satan and his angels will surround the city; but fire from God will consume them and cleanse the earth. The universe will thus be freed of sin and sinners forever. (Rev. 20; 1 Cor. 6:2, 3; Jer. 4:23-26; Rev. 21:1-5; Mal. 4:1; Eze. 28:18, 19.)

28. **New Earth:**

On the new earth, in which righteousness dwells, God will provide an eternal home for the redeemed and a perfect environment for everlasting life, love, joy, and learning in His presence. For here God Himself will dwell with His people, and suffering and death will have passed away. The great controversy will be ended, and sin will be no more. All things, animate and inanimate, will declare that God is love; and He shall reign forever. Amen. (2 Peter 3:13; Isa. 35; 65:17-25; Matt. 5:5; Rev. 21:1-7; 22:1-5; 11:15.)

*Seventh-day Adventists accept the Bible as their only creed and hold certain fundamental beliefs to be the teaching of the Holy Scriptures. These beliefs, as set forth here, constitute the church’s understanding and expression of the teaching of Scripture.*
FUNDAMENTAL BELIEF #1 - Holy Scriptures

A Single Declarative Statement Summarizing the Belief:

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A Single Declarative Testimony of How It Affects Your Christianity:

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FUNDAMENTAL BELIEF #2 - Trinity

A Single Declarative Statement Summarizing the Belief:

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A Single Declarative Testimony of How It Affects Your Christianity:

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FUNDAMENTAL BELIEF #3 - God the Father

A Single Declarative Statement Summarizing the Belief:

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A Single Declarative Testimony of How It Affects Your Christianity:

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FUNDAMENTAL BELIEF #4 - God the Son

A Single Declarative Statement Summarizing the Belief:

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A Single Declarative Testimony of How It Affects Your Christianity:

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FUNDAMENTAL BELIEF #5 - God the Holy Spirit

A Single Declarative Statement Summarizing the Belief:

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A Single Declarative Testimony of How It Affects Your Christianity:

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FUNDAMENTAL BELIEF #6 - Creation

A Single Declarative Statement Summarizing the Belief:

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A Single Declarative Testimony of How It Affects Your Christianity:

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FUNDAMENTAL BELIEF #7 – The Nature of Humanity

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FUNDAMENTAL BELIEF #8 – The Great Controversy

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A Single Declarative Testimony of How It Affects Your Christianity:
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FUNDAMENTAL BELIEF #9 – The Life, Death, and Resurrection of Christ

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A Single Declarative Testimony of How It Affects Your Christianity:
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FUNDAMENTAL BELIEF #10 – The Experience of Salvation

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A Single Declarative Testimony of How It Affects Your Christianity:
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FUNDAMENTAL BELIEF #11- Growing in Christ

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FUNDAMENTAL BELIEF #12- The Church

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A Single Declarative Testimony of How It Affects Your Christianity:
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FUNDAMENTAL BELIEF #13 – The Remnant and Its Mission

A Single Declarative Statement Summarizing the Belief:

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A Single Declarative Testimony of How It Affects Your Christianity:

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FUNDAMENTAL BELIEF #14- Unity in the Body of Christ

A Single Declarative Statement Summarizing the Belief:

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A Single Declarative Testimony of How It Affects Your Christianity:

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FUNDAMENTAL BELIEF #15- Baptism

A Single Declarative Statement Summarizing the Belief:

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A Single Declarative Testimony of How It Affects Your Christianity:

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FUNDAMENTAL BELIEF #16 – The Lord’s Supper

A Single Declarative Statement Summarizing the Belief:

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A Single Declarative Testimony of How It Affects Your Christianity:

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FUNDAMENTAL BELIEF #17 - Spiritual Gifts and Ministries

A Single Declarative Statement Summarizing the Belief:

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A Single Declarative Testimony of How It Affects Your Christianity:

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FUNDAMENTAL BELIEF #18 – The Gift of Prophecy

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A Single Declarative Testimony of How It Affects Your Christianity:

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Page: 52
FUNDAMENTAL BELIEF #19 - The Law of God

A Single Declarative Statement Summarizing the Belief:
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A Single Declarative Testimony of How It Affects Your Christianity:
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FUNDAMENTAL BELIEF #20 – The Sabbath

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FUNDAMENTAL BELIEF #21 - Stewardship

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A Single Declarative Testimony of How It Affects Your Christianity:
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FUNDAMENTAL BELIEF #22 – Christian Behavior

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A Single Declarative Testimony of How It Affects Your Christianity:
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FUNDAMENTAL BELIEF #23 – Marriage and the Family

A Single Declarative Statement Summarizing the Belief:
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A Single Declarative Testimony of How It Affects Your Christianity:
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FUNDAMENTAL BELIEF #24 – Christ’s Ministry in the Heavenly Sanctuary

A Single Declarative Statement Summarizing the Belief:
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A Single Declarative Testimony of How It Affects Your Christianity:
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FUNDAMENTAL BELIEF #25 – The Second Coming of Christ

A Single Declarative Statement Summarizing the Belief:
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A Single Declarative Testimony of How It Affects Your Christianity:
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FUNDAMENTAL BELIEF #26 – Death and Resurrection

A Single Declarative Statement Summarizing the Belief:
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A Single Declarative Testimony of How It Affects Your Christianity:
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FUNDAMENTAL BELIEF #27 – The Millennium and the End of Sin

A Single Declarative Statement Summarizing the Belief:
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A Single Declarative Testimony of How It Affects Your Christianity:
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FUNDAMENTAL BELIEF #28 – The New Earth

A Single Declarative Statement Summarizing the Belief:

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A Single Declarative Testimony of How It Affects Your Christianity:

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6. FUNDAMENTAL BELIEF PRESENTATIONS

Develop and give a presentation on four of the following, making use of visual aids if possible.

i. Creation
ii. The Experience of Salvation
iii. Growing in Christ
iv. The Remnant and its Mission
v. Baptism
vi. Spiritual Gifts and Ministries
vii. The Gift of Prophecy
viii. The Sabbath
ix. Christ's Ministry in the Heavenly Sanctuary
x. The Second Coming of Christ
xi. Death and Resurrection

Please include your visual aids utilized to make the four presentations in your binder.
7a. Adventist Church Heritage

As the Adventist Church Heritage Award no longer exists, please earn the Adventist Heritage Honor.

I completed all of the requirements of the Adventist Heritage Honor on ____________________________

Date completed

_____________________________   ____________________________
Your Signature      Instructor or Leader’s Signature

7b. Book about SDA Youth Ministry

I read the book __________________________________ by _________________________________

Book Title      Author

This book was read from __________________ until ____________________.

Date Started         Date Ended

Signed: _______________________________

Your Signature

8. Book about Church Heritage

I read the book __________________________________ by _________________________________

Book Title      Author

This book was read from __________________ until ____________________.

Date Started         Date Ended

Signed: _______________________________

Your Signature
9. Temperament or Personality Seminar

The Temperament or Personality Seminar and Test I took is: ____________________________________________

Date(s) the seminar was taken was: ________________________________________________________________

I successfully completed the Seminar: ____________________________________________________________

Your Signature

My Instructor for this seminar was: ________________________________________________________________

Please Print

I attest that the candidate successfully completed the Seminar: _________________________________________

Instructors Signature

My personality type is: __________________________________________________________________________

I will use this information to help me, __________________________________________________________________

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_____________________________________________________________________________________________
I have completed a review of the participants Portfolio for Section 1 of the Master Guide Requirements and have found them to have completed the requirements for this section.

**Training Completion Date:** _________________  **Signature:** _________________

**Name:** _________________________________  **Email:** ________________________

**Contact Phone:** _______________________

---

**Failed Review Instructions**

In the event of a failed review, the reviewing Potomac Conference Master Guide Committee designee should return the Portfolio to the participant along with a written note explaining what additional work or documentation must be completed per the Required Field Work requirement, to receive a pass.

---

**Reviewing Potomac Conference Master Guide Committee Designee Disclaimer**

Completion of this training curriculum does not guarantee that the bearer’s overall qualification to lead, nor does it give a guarantee of ability, aptitude, or placement. It simply marks completion of a training curriculum.
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Participant Information
Name: ______________________________________________  Club Director: _________________________________
Email: _____________________________________________  Master Guide Mentor: __________________________
Contact Phone: ________________________________  Mentor’s email: _________________________________
Home Club: ________________________________  Master Guide Mentor’s phone: ________________

Skills Development
1-3. Seminars (must be at least 75 minutes per seminar)

MGSK 001: How to be a Christian Leader & Leadership Skills
Date: ___ / __ / _____  Event/Location: __________________________________________________________
Instructor Signature: __________________________________________________________

MGSK 002: Vision, Mission and Motivation
Date: ___ / __ / _____  Event/Location: __________________________________________________________
Instructor Signature: __________________________________________________________

MGSK 003: Communication Theory and Listening Skills
Date: ___ / __ / _____  Event/Location: __________________________________________________________
Instructor Signature: __________________________________________________________

MGSK 004: Practical Communication Practices
Date: ___ / __ / _____  Event/Location: __________________________________________________________
Instructor Signature: __________________________________________________________

MGSK 005: Understanding Teaching and Learning Styles
Date: ___ / __ / _____  Event/Location: __________________________________________________________
Instructor Signature: __________________________________________________________

MGSK 006: Creativity and Resources Development
Date: ___ / __ / _____  Event/Location: __________________________________________________________
Instructor Signature: __________________________________________________________

MGSK 007: How to Prepare Effective Creative Worships
Date: ___ / __ / _____  Event/Location: __________________________________________________________
Instructor Signature: __________________________________________________________
MGSK 008 Principles of Youth and Children’s Evangelism
Date: ___ / __ / ______  Event/Location: _______________________________________________________
Instructor Signature: ________________________________________

MGSK 009 How to Lead a Child to Christ
Date: ___ / __ / ______  Event/Location: _______________________________________________________
Instructor Signature: ________________________________________

MGSK 010: Understanding Your Spiritual Gifts
Date: ___ / __ / ______  Event/Location: _______________________________________________________
Instructor Signature: ________________________________________

MGSK 011: Risk Management
Date: ___ / __ / ______  Event/Location: _______________________________________________________
Instructor Signature: ________________________________________

MGSK 012: Child Abuse Prevention
Date: ___ / __ / ______  Event/Location: _______________________________________________________
Instructor Signature: ________________________________________

Required Field Work
1. Create a Portfolio that contains the handouts and your personal notes from the seminars you attend
### 4. Have or Earn These Honors

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<th>Activity</th>
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<td>Christian Story Telling</td>
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5. **Two Additional Honors Not Previously Earned.** One must be from A-C the other can be from the List Below

### A. Crisis Intervention

Date: ___/___/_____
Event/Location: _______________________________________________________
Instructor Signature: ________________________________________

### B. Nutrition

Date: ___/___/_____
Event/Location: _______________________________________________________
Instructor Signature: ________________________________________

### C. Flags

Date: ___/___/_____
Event/Location: _______________________________________________________
Instructor Signature: ________________________________________

### D. Any Honor from the Following List of Skill Level 2 or 3 Honors

Date: ___/___/_____
Event/Location: _______________________________________________________
Instructor Signature: ________________________________________

---

**Potomac Conference Provided Skill Level 2 or 3 Honors**

**NATURE**

<table>
<thead>
<tr>
<th>Advanced Worms</th>
<th>Moths &amp; Butterflies</th>
<th>Adv. Geology</th>
<th>Ecology</th>
</tr>
</thead>
</table>

**ARTS AND CRAFTS**

<table>
<thead>
<tr>
<th>Genealogy</th>
<th>Flower Arrangement</th>
<th>Textile Painting</th>
<th>Ceramics</th>
</tr>
</thead>
</table>

**RECREATION**

<table>
<thead>
<tr>
<th>Mountain Biking</th>
<th>Backpacking</th>
<th>Winter Camping</th>
<th>Pioneering</th>
</tr>
</thead>
<tbody>
<tr>
<td>Skin Diving</td>
<td>Caving</td>
<td>Adv. Cycling</td>
<td>Canoeing</td>
</tr>
<tr>
<td>Adv. Drilling &amp; Marching</td>
<td>Camp Safety</td>
<td>Navigation</td>
<td>Track &amp; Field</td>
</tr>
</tbody>
</table>
6. Hold a current First Aid & CPR certificate or equivalent

A. First Aid
Date: ___ / __ / _____  Location or Website: ________________________________

Certifying Organization: _____________________ Instructor Signature: _______________________

B. CPR
Date: ___ / __ / _____  Location of Class: ________________________________

Certifying Organization: _____________________ Instructor Signature: _______________________

PLEASE AFFIX A COPY OF YOUR FIRST AID CERTIFICATE HERE
PLEASE AFFIX A COPY OF YOUR CPR CERTIFICATE HERE
7. Supervise participants through **ONE** of the following:

**A. Pathfinder Investiture Achievement Level**

Investiture Achievement Level taught: ____________________________________________

Club or Individuals taught: _____________________________________________________

Start and End Dates of Supervision: From ___ / ___ / ______ To ___ / ___ / ______

Mentoring Counselor’s Signature: ______________________________________________

Director’s Signature: __________________________________________________________________

**B. Adventurer Level**

Adventurer Level taught: _________________________________________________

Club or Individuals taught: __________________________________________________

Start and End Dates of Supervision: From ___ / ___ / ______ To ___ / ___ / ______

Mentoring Counselor’s Signature: _____________________________________________

Director’s Signature: __________________________________________________________________

**C. Sabbath School Teacher**

Sabbath School Age Taught: _________________________________________________

Number of Youth in the Sabbath School Class: _____________________________

Start and End Dates of Supervision: From ___ / ___ / ______ To ___ / ___ / ______

How Many Times a Month did you Teach: ________________________________

Mentoring Sabbath School Teacher’s Signature: _____________________________

Pastor’s Signature: __________________________________________________________________
Reviewing Potomac Conference Master Guide Committee Use ONLY

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Training Completion Date: ________________  Signature: ________________
Name: _________________________________  Email: _________________________
Contact Phone: _______________________

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This Page Purposefully Left Blank
Participant Information
Name: ___________________________  Club Director: ___________________________
Email: ___________________________  Master Guide Mentor: ________________
Contact Phone: ____________________  Mentor’s email: _______________________
Home Club: _______________________  Master Guide Mentor’s phone: ____________

Child Development

1. Read or Listen to the book Education by Ellen G. White

I _________________________ to the book, Education, by Ellen G. White. I started my reading/listening on  
(read / listened)

____________________ and finished the book on ________________. My report is on a following page.

Signed: _____________________________

Your Signature

2. Read or Listen to the book Child Guidance or Messages to Youth People

I ___________________________ to the book, ________________________, by Ellen G. White.

(Child Guidance / Messages to Young People)

I started my reading/listening on __________________ and finished on ________________.

Signed: _____________________________

Your Signature

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3. Attend a 3 hr. seminar on child development (relating to the age of your primary ministry group)

Date: ___ / __ / _____   Event/Location: _______________________________________________________

Instructor Signature: ________________________________

4. Observe for a period of 2 hours, a group of Pathfinder and/or Adventurers

Date: ___ / __ / _____   Observation Location: ___________________________________________________

Club Observed: ___________________________   Pathfinders or Adventurers: ______________________

Instructor Signature: ________________________________  My report is on a following page.

5. Attend a seminar on Discipline

Date: ___ / __ / _____   Event/Location: _______________________________________________________

Instructor Signature: ________________________________
The benefits I gained from reading the book Education are: _________________________________

__________________________________________________________________________________

__________________________________________________________________________________

__________________________________________________________________________________

__________________________________________________________________________________

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__________________________________________________________________________________

__________________________________________________________________________________
The benefits I gained from reading the book __________________ are: ____________________________

(Child Guidance/Messages to Young People)

___________________________________________________________________________________________

___________________________________________________________________________________________

___________________________________________________________________________________________

___________________________________________________________________________________________

___________________________________________________________________________________________

___________________________________________________________________________________________

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Page: 75
My reflections of observing the interaction of the Pathfinders and/or Adventurers were: 

_________________________________________________________

_________________________________________________________

_________________________________________________________

_________________________________________________________

_________________________________________________________

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_________________________________________________________

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_________________________________________________________

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Contact Phone: ____________________________

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Participant Information

Name: ______________________________________________   Club Director: ________________________________

Email: ________________________________   Master Guide Mentor: ________________________________

Contact Phone: __________________________   Mentor’s email: ________________________________

Home Club: ______________________________   Master Guide Mentor’s phone: __________

Leadership Development

1. Read a current book about Leadership Skills

I ________________________ to the book, ________________________________ by ____________________________.

____________________________. I started the book on ________________ and finished it on ________________.

Author                      Date Started                     Date Ended

Signed: ________________________________

Your Signature

The most interesting points I learned from this book are:

_________________________________________________________________________________________

_________________________________________________________________________________________

_________________________________________________________________________________________

_________________________________________________________________________________________

_______________________________________________________________________________________
2. Demonstrate Leadership Skills by doing **ALL** of the following:

A. Develop and Conduct Three Creative Worships

i. Worship 1 –  Age of the Youth: ____________________________
   
   Date the Worship was given: ____ / ____ / ______
   
   Topic of the Worship: _____________________________________________

ii. Worship 2 – Age of the Youth: ____________________________
   
   Date the Worship was given: ____ / ____ / ______
   
   Topic of the Worship: _____________________________________________

iii. Worship 3 – Age of the Youth: ____________________________
   
   Date the Worship was given: ____ / ____ / ______
   
   Topic of the Worship: _____________________________________________

Master Guide Mentor’s Signature: _____________________________________________

B. Participate in a Leadership Role with your club at a Conference Sponsored Event

Conference Sponsored Event: ________________________________________________

Date of Event: : ____ / ____ / ______

Leadership Roles and Responsibilities Performed: __________________________________

___________________________________________________________________________________________

___________________________________________________________________________________________

___________________________________________________________________________________________

___________________________________________________________________________________________

Master Guide Mentor’s Signature: _____________________________________________
C. Teach Either Two Pathfinder Honors or Three Adventurer Awards

i. Honor or Award 1 – Name of Honor or Award ________________________________
   Date(s) the Honor or Award was taught: ____ / ____ / ______ to ____ / ____ / ______
   Number of Youth Taught: _____________________________________________
   Ages of Youth Taught: ________________________________________________

ii. Honor or Award 2 – Name of Honor or Award ________________________________
   Date(s) the Honor or Award was taught: ____ / ____ / ______ to ____ / ____ / ______
   Number of Youth Taught: _____________________________________________
   Ages of Youth Taught: ________________________________________________

iii. Award 3 – Name of Award ________________________________
    Date(s) the Award was taught: ____ / ____ / ______ to ____ / ____ / ______
    Number of Youth Taught: _____________________________________________
    Ages of Youth Taught: ________________________________________________

Master Guide Mentor’s Signature: ____________________________________________
**D. Assist in Planning and Leading a Field Trip**

Field Trip Location: ____________________________________________________________

Date of Event: : ____ / ____ / ______

Ages of Youth Led: ________________________________

Leadership Roles and Responsibilities Performed: __________________________________________________

___________________________________________________________________________________________

___________________________________________________________________________________________

___________________________________________________________________________________________

___________________________________________________________________________________________

Master Guide Mentor’s Signature: _____________________________________________

---

**E. Be an active Pathfinder, Adventurer or Sabbath School staff member & attend at least 75% of staff meetings**

I attest that the following candidate --------------------------------------------- Master Guide candidate’s name

has been a staff member in good standing at the _______________________________  Pathﬁnder/Adventurer Club. This Church Name  

Circle One  

candidate has attended __________ % of my staff meetings.

Director’s Printed Name:  ___________________________________

Signature:  _______________________________  

Director’s Signature
3. Write three personal goals that you would like to accomplish in your ministry

Please make these goals S.M.A.R.T. (Specific, Measurable, Achievable, Relevant, and Time-based)

Goal 1:
___________________________________________________________________________________
___________________________________________________________________________________
___________________________________________________________________________________
___________________________________________________________________________________
___________________________________________________________________________________
___________________________________________________________________________________
___________________________________________________________________________________

Goal 2:
___________________________________________________________________________________
___________________________________________________________________________________
___________________________________________________________________________________
___________________________________________________________________________________
___________________________________________________________________________________
___________________________________________________________________________________
___________________________________________________________________________________

Goal 3:
___________________________________________________________________________________
___________________________________________________________________________________
___________________________________________________________________________________
___________________________________________________________________________________
___________________________________________________________________________________
___________________________________________________________________________________
___________________________________________________________________________________
4. Identify two other roles in your life and write three goals for each of these roles

Please make these goals S.M.A.R.T. (Specific, Measurable, Achievable, Relevant, and Time-based)

Role 1: ________________________________

Goal 1: _____________________________________________________________________________________
___________________________________________________________________________________________
___________________________________________________________________________________________
___________________________________________________________________________________________
___________________________________________________________________________________________

Goal 2: _____________________________________________________________________________________
___________________________________________________________________________________________
___________________________________________________________________________________________
___________________________________________________________________________________________
___________________________________________________________________________________________

Goal 3: _____________________________________________________________________________________
___________________________________________________________________________________________
___________________________________________________________________________________________
___________________________________________________________________________________________
___________________________________________________________________________________________
Role 2: __________________________________________

Goal 1: _____________________________________________________________________________________
___________________________________________________________________________________________
___________________________________________________________________________________________
___________________________________________________________________________________________
___________________________________________________________________________________________
___________________________________________________________________________________________
___________________________________________________________________________________________

Goal 2: _____________________________________________________________________________________
___________________________________________________________________________________________
___________________________________________________________________________________________
___________________________________________________________________________________________
___________________________________________________________________________________________
___________________________________________________________________________________________

Goal 3: _____________________________________________________________________________________
___________________________________________________________________________________________
___________________________________________________________________________________________
___________________________________________________________________________________________
___________________________________________________________________________________________
___________________________________________________________________________________________

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Participant Information

Name: ______________________________________________ Club Director: _________________________________

Email: ___________________________________________ Master Guide Mentor: ____________________________

Contact Phone: _________________________________ Mentor's email: _________________________________

Home Club: ________________________________ Master Guide Mentor’s phone: _______________

Fitness Lifestyle Development

1. Participate in a personal physical fitness plan by completing ONE of the following:

A. A personal physical fitness program of your choice & according to your abilities, for at least three months

B. A school physical fitness program (if you’ve been out of school for more than 3 years this is not an option)

C. The physical component of the *AY Silver Award. If you already have earned the Silver Award then complete the physical components of the *AY Gold Award. (If you completed both more than 3 years ago, this is not an option)

For any of the three choices please keep a journal of your physical activities (journal entries are found on subsequent pages).

For any of the three choices please write a one-page essay describing what you learned during your physical fitness activities and the changes you are willing to make in order to “Care for my Body”

*AY Silver Award and AY Gold Award Physical Requirements are on the next two pages
# AY Silver Award Physical Requirements

Must Pass Three of the Five Categories

<table>
<thead>
<tr>
<th>Men's Requirements</th>
<th>Women's Requirements</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Track: Run 4 of the following 8 Events</strong></td>
<td><strong>Track: Run 2 of the following 8 Events</strong></td>
</tr>
<tr>
<td>50 yard dash</td>
<td>6.8 seconds</td>
</tr>
<tr>
<td>100 yard dash</td>
<td>14.2 seconds</td>
</tr>
<tr>
<td>220 yard dash</td>
<td>28 seconds</td>
</tr>
<tr>
<td>440 yard dash</td>
<td>67 seconds</td>
</tr>
<tr>
<td>600 yard run-walk</td>
<td>1 minute 37 seconds</td>
</tr>
<tr>
<td>1 mile run</td>
<td>6 minutes</td>
</tr>
<tr>
<td>2 mile run</td>
<td>13 minutes</td>
</tr>
<tr>
<td>3 mile run</td>
<td>23 minutes</td>
</tr>
<tr>
<td><strong>Field: Complete 3 of the following 5 Events</strong></td>
<td><strong>Field: Complete 2 of the following 4 Events</strong></td>
</tr>
<tr>
<td>Standing broad Jump</td>
<td>7 feet 11 inches</td>
</tr>
<tr>
<td>Running Broad Jump</td>
<td>15 feet</td>
</tr>
<tr>
<td>High Jump</td>
<td>4 feet 6 inches</td>
</tr>
<tr>
<td>Shot put (12 lbs.)</td>
<td>34 feet</td>
</tr>
<tr>
<td>Softball throw</td>
<td>213 feet</td>
</tr>
<tr>
<td><strong>Endurance: 2 of the following 4 Events</strong></td>
<td><strong>Endurance: 2 of the following 3 Events</strong></td>
</tr>
<tr>
<td>Sit-ups</td>
<td>55 in two minutes</td>
</tr>
<tr>
<td>Pull-ups</td>
<td>12</td>
</tr>
<tr>
<td>Push-ups</td>
<td>40</td>
</tr>
<tr>
<td>Rope Climb</td>
<td>21 feet (hands only)</td>
</tr>
<tr>
<td><strong>Coordination-Agility-Balance: 3 of the 5</strong></td>
<td><strong>Coordination-Agility-Balance: 3 of the 5</strong></td>
</tr>
<tr>
<td>Basketball Free-Throws</td>
<td>9 of 10</td>
</tr>
<tr>
<td>Shuttle Run (2 x 30 ft.)</td>
<td>10.4 seconds</td>
</tr>
<tr>
<td>Squat-Thrusts</td>
<td>20 in 30 seconds</td>
</tr>
<tr>
<td>Forward Roll, Back Roll, Hand Spring, Frog Stand, or Head Stand</td>
<td>1, 1, 1, hold for 7 seconds, hold for 7 seconds</td>
</tr>
<tr>
<td><strong>Swimming: 1 of the following</strong></td>
<td><strong>Swimming: 1 of the following</strong></td>
</tr>
<tr>
<td>100 meter Freestyle</td>
<td>1:30 min:sec</td>
</tr>
<tr>
<td>100 meter Backstroke</td>
<td>1:45 min:sec</td>
</tr>
<tr>
<td>100 meter Breaststroke</td>
<td>1:50 min:sec</td>
</tr>
<tr>
<td>100 meter Freestyle</td>
<td>1:40 min:sec</td>
</tr>
<tr>
<td>100 meter Backstroke</td>
<td>2:05 min:sec</td>
</tr>
<tr>
<td>100 meter Breaststroke</td>
<td>2:11 min:sec</td>
</tr>
</tbody>
</table>
### Men's Requirements

<table>
<thead>
<tr>
<th>Event</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>50 yard dash</td>
<td>6.1 seconds</td>
</tr>
<tr>
<td>100 yard dash</td>
<td>12 seconds</td>
</tr>
<tr>
<td>220 yard dash</td>
<td>26 seconds</td>
</tr>
<tr>
<td>440 yard dash</td>
<td>63 seconds</td>
</tr>
<tr>
<td>1 mile run</td>
<td>5 minutes 55 seconds</td>
</tr>
<tr>
<td>10,000 meter run</td>
<td>44 minutes</td>
</tr>
</tbody>
</table>

### Women's Requirements

<table>
<thead>
<tr>
<th>Event</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>50 yard dash</td>
<td>7.3 seconds</td>
</tr>
<tr>
<td>220 yard dash</td>
<td>33 seconds</td>
</tr>
<tr>
<td>600 yard run-walk</td>
<td>2 minutes 10 seconds</td>
</tr>
<tr>
<td>1 mile run</td>
<td>7 minutes 7 seconds</td>
</tr>
<tr>
<td>5,000 meter run-walk</td>
<td>25 minutes 30 seconds</td>
</tr>
</tbody>
</table>

### Track: Run 5 of the following 6 Events

<table>
<thead>
<tr>
<th>Event</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>50 yard dash</td>
<td>6.1 seconds</td>
</tr>
<tr>
<td>100 yard dash</td>
<td>12 seconds</td>
</tr>
<tr>
<td>220 yard dash</td>
<td>26 seconds</td>
</tr>
<tr>
<td>440 yard dash</td>
<td>63 seconds</td>
</tr>
<tr>
<td>1 mile run</td>
<td>5 minutes 55 seconds</td>
</tr>
<tr>
<td>10,000 meter run</td>
<td>44 minutes</td>
</tr>
</tbody>
</table>

### Field: Complete 3 of the following 4 Events

<table>
<thead>
<tr>
<th>Event</th>
<th>Distance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Standing broad Jump</td>
<td>8 feet</td>
</tr>
<tr>
<td>Running Broad Jump</td>
<td>16 feet</td>
</tr>
<tr>
<td>High Jump</td>
<td>5 feet</td>
</tr>
<tr>
<td>Shot put (16 lbs.)</td>
<td>34 feet</td>
</tr>
</tbody>
</table>

### Endurance: 3 of the following 4 Events

<table>
<thead>
<tr>
<th>Event</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sit-ups</td>
<td>65 in two minutes</td>
</tr>
<tr>
<td>Pull-ups</td>
<td>13</td>
</tr>
<tr>
<td>Push-ups</td>
<td>42</td>
</tr>
<tr>
<td>Rope Climb</td>
<td>21 feet (hands only)</td>
</tr>
</tbody>
</table>

### Coordination-Agility-Balance: 1 from each set

<table>
<thead>
<tr>
<th>Event</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Basketball Free-Throws Or Rope Skipping</td>
<td>9 of 10 300 w/out rest/missing</td>
</tr>
<tr>
<td>Shuttle Run (2 x 30 ft.) Or Squat thrusts</td>
<td>9 seconds 20 within 30 seconds</td>
</tr>
<tr>
<td>Handspring(Front/Back) Or Hand-stand</td>
<td>1 of either 10 seconds</td>
</tr>
<tr>
<td>Swimming: 1 of the following</td>
<td>1:17 min:sec</td>
</tr>
</tbody>
</table>

### Swimming: 1 of the following

<table>
<thead>
<tr>
<th>Event</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>100 meter Freestyle</td>
<td>1:23 min:sec</td>
</tr>
<tr>
<td>100 meter Backstroke</td>
<td>1:28 min:sec</td>
</tr>
<tr>
<td>100 meter Breaststroke</td>
<td>1:42 min:sec</td>
</tr>
</tbody>
</table>
Keep a Physical Activity Journal covering at least 3 days a week for 12 weeks

**Week 1: Day 1**

Date: _______________________________
Type of Exercise: _____________________
Duration of Exercise: __________________
Distance or Number of Repetitions: ___________
Experiences you wish to journal: ____________________________
__________________________________________________________________________
__________________________________________________________________________

**Week 1: Day 2**

Date: _______________________________
Type of Exercise: _____________________
Duration of Exercise: __________________
Distance or Number of Repetitions: ___________
Experiences you wish to journal: ____________________________
__________________________________________________________________________
__________________________________________________________________________

**Week 1: Day 3**

Date: _______________________________
Type of Exercise: _____________________
Duration of Exercise: __________________
Distance or Number of Repetitions: ___________
Experiences you wish to journal: ____________________________________________
__________________________________________________________________________
__________________________________________________________________________
Week 2: Day 1

Date: ______________________________
Type of Exercise: ____________________
Duration of Exercise: ________________
Distance or Number of Repetitions: ____________
Experiences you wish to journal: ________________________________
_________________________________________________________________
_________________________________________________________________
_________________________________________________________________

Week 2: Day 2

Date: ______________________________
Type of Exercise: ____________________
Duration of Exercise: ________________
Distance or Number of Repetitions: ____________
Experiences you wish to journal: ________________________________
_________________________________________________________________
_________________________________________________________________
_________________________________________________________________

Week 2: Day 3

Date: ______________________________
Type of Exercise: ____________________
Duration of Exercise: ________________
Distance or Number of Repetitions: ____________
Experiences you wish to journal: ________________________________
_________________________________________________________________
_________________________________________________________________
_________________________________________________________________
Week 3: Day 1

Date: ______________________________________________
Type of Exercise: _____________________________________
Duration of Exercise: __________________________________
Distance or Number of Repetitions: ______________________
Experiences you wish to journal: ________________________________________________________________
___________________________________________________________________________________________
___________________________________________________________________________________________

Week 3: Day 2

Date: ______________________________________________
Type of Exercise: _____________________________________
Duration of Exercise: __________________________________
Distance or Number of Repetitions: ______________________
Experiences you wish to journal: ________________________________________________________________
___________________________________________________________________________________________
___________________________________________________________________________________________

Week 3: Day 3

Date: ______________________________________________
Type of Exercise: _____________________________________
Duration of Exercise: __________________________________
Distance or Number of Repetitions: ______________________
Experiences you wish to journal: ________________________________________________________________
___________________________________________________________________________________________
___________________________________________________________________________________________
Week 4: Day 1

Date: ______________________________________________
Type of Exercise: ________________________________
Duration of Exercise: __________________________
Distance or Number of Repetitions: ________________
Experiences you wish to journal: ________________________________________________________________
___________________________________________________________________________________________
___________________________________________________________________________________________

Week 4: Day 2

Date: ______________________________________________
Type of Exercise: ________________________________
Duration of Exercise: __________________________
Distance or Number of Repetitions: ________________
Experiences you wish to journal: ________________________________________________________________
___________________________________________________________________________________________
___________________________________________________________________________________________

Week 4: Day 3

Date: ______________________________________________
Type of Exercise: ________________________________
Duration of Exercise: __________________________
Distance or Number of Repetitions: ________________
Experiences you wish to journal: ________________________________________________________________
___________________________________________________________________________________________
___________________________________________________________________________________________
Week 5: Day 1

Date: ______________________________________________
Type of Exercise: _____________________________________
Duration of Exercise: __________________________________
Distance or Number of Repetitions: ______________________
Experiences you wish to journal: ____________________________
___________________________________________________________________________________________
___________________________________________________________________________________________
___________________________________________________________________________________________

Week 5: Day 2

Date: ______________________________________________
Type of Exercise: _____________________________________
Duration of Exercise: __________________________________
Distance or Number of Repetitions: ______________________
Experiences you wish to journal: ____________________________
___________________________________________________________________________________________
___________________________________________________________________________________________
___________________________________________________________________________________________

Week 5: Day 3

Date: ______________________________________________
Type of Exercise: _____________________________________
Duration of Exercise: __________________________________
Distance or Number of Repetitions: ______________________
Experiences you wish to journal: ____________________________
___________________________________________________________________________________________
___________________________________________________________________________________________
___________________________________________________________________________________________

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Potomac Pathfinders
Master Guide Portfolio - Section 6

**Week 6: Day 1**

Date: ____________________________________________

Type of Exercise: __________________________________

Duration of Exercise: ________________________________

Distance or Number of Repetitions: __________________

Experiences you wish to journal: _________________________

___________________________________________________________________________________________

___________________________________________________________________________________________

___________________________________________________________________________________________

**Week 6: Day 2**

Date: ____________________________________________

Type of Exercise: __________________________________

Duration of Exercise: ________________________________

Distance or Number of Repetitions: __________________

Experiences you wish to journal: _________________________

___________________________________________________________________________________________

___________________________________________________________________________________________

**Week 6: Day 3**

Date: ____________________________________________

Type of Exercise: __________________________________

Duration of Exercise: ________________________________

Distance or Number of Repetitions: __________________

Experiences you wish to journal: _________________________

___________________________________________________________________________________________

___________________________________________________________________________________________

Page: 98
Week 7: Day 1

Date: ______________________________________________
Type of Exercise: _________________________________
Duration of Exercise: ______________________________
Distance or Number of Repetitions: __________________
Experiences you wish to journal: ________________________________________________________________
___________________________________________________________________________________________
___________________________________________________________________________________________

Week 7: Day 2

Date: ______________________________________________
Type of Exercise: _________________________________
Duration of Exercise: ______________________________
Distance or Number of Repetitions: __________________
Experiences you wish to journal: ________________________________________________________________
___________________________________________________________________________________________
___________________________________________________________________________________________

Week 7: Day 3

Date: ______________________________________________
Type of Exercise: _________________________________
Duration of Exercise: ______________________________
Distance or Number of Repetitions: __________________
Experiences you wish to journal: ________________________________________________________________
___________________________________________________________________________________________
___________________________________________________________________________________________
Week 8: Day 1

Date: ______________________________________________
Type of Exercise: _____________________________________
Duration of Exercise: __________________________________
Distance or Number of Repetitions: ______________________
Experiences you wish to journal: ____________________________
___________________________________________________________________________________________
___________________________________________________________________________________________
___________________________________________________________________________________________

Week 8: Day 2

Date: ______________________________________________
Type of Exercise: _____________________________________
Duration of Exercise: __________________________________
Distance or Number of Repetitions: ______________________
Experiences you wish to journal: ____________________________
___________________________________________________________________________________________
___________________________________________________________________________________________
___________________________________________________________________________________________

Week 8: Day 3

Date: ______________________________________________
Type of Exercise: _____________________________________
Duration of Exercise: __________________________________
Distance or Number of Repetitions: ______________________
Experiences you wish to journal: ____________________________
___________________________________________________________________________________________
___________________________________________________________________________________________
___________________________________________________________________________________________
Week 9: Day 1

Date: ______________________________________________
Type of Exercise: _____________________________________
Duration of Exercise: __________________________________
Distance or Number of Repetitions: ______________________
Experiences you wish to journal: _____________________________
___________________________________________________________________________________________
___________________________________________________________________________________________
___________________________________________________________________________________________

Week 9: Day 2

Date: ______________________________________________
Type of Exercise: _____________________________________
Duration of Exercise: __________________________________
Distance or Number of Repetitions: ______________________
Experiences you wish to journal: _____________________________
___________________________________________________________________________________________
___________________________________________________________________________________________

Week 9: Day 3

Date: ______________________________________________
Type of Exercise: _____________________________________
Duration of Exercise: __________________________________
Distance or Number of Repetitions: ______________________
Experiences you wish to journal: _____________________________
___________________________________________________________________________________________
___________________________________________________________________________________________

Page: 101
Week 10: Day 1

Date: ______________________________________________
Type of Exercise: _____________________________________
Duration of Exercise: __________________________________
Distance or Number of Repetitions: _________________
Experiences you wish to journal: ________________________________________________________________
___________________________________________________________________________________________
___________________________________________________________________________________________

Week 10: Day 2

Date: ______________________________________________
Type of Exercise: _____________________________________
Duration of Exercise: __________________________________
Distance or Number of Repetitions: _________________
Experiences you wish to journal: ________________________________________________________________
___________________________________________________________________________________________
___________________________________________________________________________________________
___________________________________________________________________________________________

Week 10: Day 3

Date: ______________________________________________
Type of Exercise: _____________________________________
Duration of Exercise: __________________________________
Distance or Number of Repetitions: _________________
Experiences you wish to journal: ________________________________________________________________
___________________________________________________________________________________________
___________________________________________________________________________________________

Page: 102
Week 11: Day 1

Date: ______________________________________________
Type of Exercise: ________________________________
Duration of Exercise: ___________________________
Distance or Number of Repetitions: ______________
Experiences you wish to journal: __________________________
___________________________________________________________________________________________
___________________________________________________________________________________________

Week 11: Day 2

Date: ______________________________________________
Type of Exercise: ________________________________
Duration of Exercise: ___________________________
Distance or Number of Repetitions: ______________
Experiences you wish to journal: __________________________
___________________________________________________________________________________________
___________________________________________________________________________________________

Week 11: Day 3

Date: ______________________________________________
Type of Exercise: ________________________________
Duration of Exercise: ___________________________
Distance or Number of Repetitions: ______________
Experiences you wish to journal: __________________________
___________________________________________________________________________________________
___________________________________________________________________________________________

Page: 103
Week 12: Day 1

Date: ______________________________________________
Type of Exercise: _____________________________________
Duration of Exercise: __________________________________
Distance or Number of Repetitions: ______________________
Experiences you wish to journal: ____________________________
_____________________________________________________
_____________________________________________________

Week 12: Day 2

Date: ______________________________________________
Type of Exercise: _____________________________________
Duration of Exercise: __________________________________
Distance or Number of Repetitions: ______________________
Experiences you wish to journal: ____________________________
_____________________________________________________
_____________________________________________________

Week 12: Day 3

Date: ______________________________________________
Type of Exercise: _____________________________________
Duration of Exercise: __________________________________
Distance or Number of Repetitions: ______________________
Experiences you wish to journal: ____________________________
_____________________________________________________
_____________________________________________________
Write a one-page essay describing what you learned during your physical fitness activities and the changes you are willing to make in order to “Care for my Body”
I have completed a review of the participants Portfolio and Potomac Pathfinders Master Guide Seminar Check List and have found them to have completed the requirements for this certification.

**Training Completion Date:** _____________________  **Signature:** _____________________

**Name:** ________________________________________  **Email:** _______________________

**Contact Phone:** _____________________

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Failed Review Instructions

In the event of a failed review, the reviewing Potomac Conference Master Guide Committee designee should return the Portfolio to the participant along with a written note explaining what additional work or documentation must be completed per the Required Field Work requirement, to receive a pass.

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Reviewing Potomac Conference Master Guide Committee Designee Disclaimer

Completion of this training curriculum does not guarantee that the bearer’s overall qualification to lead, nor does it give a guarantee of ability, aptitude, or placement. It simply marks completion of a training curriculum.
Participant Information

Name: ___________________________________________  Club Director: _________________________________
Email: _________________________________________  Master Guide Mentor: __________________________
Contact Phone: _________________________________  Mentor’s email: ________________________________
Home Club: _________________________________  Master Guide Mentor’s phone: ________________

Documentation

1. Completion Timeline – “Requirements are to be completed in no less than 1 year and no more than 3 years”.

   Master Guide Start Date: ___ / __ / ______  Master Guide Completion Date: ___ / __ / ______
   Master Guide Candidate’s Signature: ____________________________________________
   Master Guide Mentor’s Signature: ______________________________________________

If there are reasons why Master Guide requirements completion has taken longer than 4 years, please list them below.

___________________________________________________________________________________________
___________________________________________________________________________________________
___________________________________________________________________________________________
___________________________________________________________________________________________
___________________________________________________________________________________________

2. Candidates must document all work in a portfolio

   Portfolio Submission Date: ___ / __ / ______  Portfolio Review Completion Date: ___ / __ / ______
   Reviewer’s Signature: ________________________________ and Role: ________________________________
   Reviewer’s Signature: ________________________________ and Role: ________________________________
   Reviewer’s Signature: ________________________________ and Role: ________________________________
   Reviewer’s Signature: ________________________________ and Role: ________________________________
   Reviewer’s Signature: ________________________________ and Role: ________________________________
3. Curriculum completion is under the supervision of the Potomac Conference Pathfinder or Adventurer Director

I ______________________________________ attest that I have reviewed the portfolio of the Master Guide Pathfinder and/or Adventurer Director candidate _______________________________, and I find that they have satisfactorily completed the requirements set form by the North American Division to complete their Master Guide Investiture Curriculum.

It is my great privileged to declare them ready for investiture as a Master Guide and to welcome them into club ministry leadership in the Potomac Conference.

Conference Director’s Signature: __________________________________________________________

Date of meeting with the Potomac Conference Master Guide Committee: ____ / ____ / ______