

# 4 Way Tug of War

- Team:** 10 to 20 Pathfinders (Preferably teams from different Clubs)  
Team Size Notes: Teams must be of equal number and relative size on all 4 ropes to be safe and fair.
- Club Staff:** 1 Adult Club Staff must remain with the team at all times
- Equipment:** 4 way tug of war rope, whistle or air horn/mega phone
- Time Limit:** 10 minutes max.
- Instructions:**
1. All Pathfinders line up to the rope and grab onto the hand holds.  
Each Team/Club on 1 of the 4 Ropes
  2. On the "go" of Ready, Set, "Go" or Ready, Set, Whistle each team pulls attempting to pull the rope across their side of the finish line indicated.
  3. Safety is of great concern, if a double whistle blows STOP pulling immediately but do not let go of the rope, stand in place and wait further instructions.