

Kick Ball

Team: 2 teams is comprised of 10 Pathfinders each (preferably from more than one club)

Club Staff: 1 Adult Club Staff must remain with each team at all times

Equipment: Kick Ball & and bases

Time Limit: The teams will play 3 innings of 5 outs per side or a maximum of 30 minutes.

Scoring: Standard baseball or softball scoring

General Rules:

- 1. Field and Equipment** - A kickball field needs four bases in a diamond shape. The bases 30 feet apart. The pitching circle is directly in front of home plate and in line with first and third base. The official ball used in a kickball game is red and it is inflated to 1.5 pounds per square inch.
- 2. Teams** – Teams must be comprised of at least eight and no more than 10 players during a kickball game. It is a good idea to have a pitcher and fielders at all the bases.
- 3. Pitching** - The pitcher delivers the ball, and must do so with one foot inside the pitchers circle. The ball must be rolling before reaching home plate to be counted as a fair pitch. If the ball passes through the strike zone and the kicker does not make contact, it counts as a strike. A ball that goes wide of the strike zone or is not rolling it will count as a ball. Four balls will automatically allow the kicker to run free to first base. If there are runners on base at this time, they will follow the baseball rules for advancing based on a walk.
- 4. Kicking and Running**- The kicker must run to first base after any ball that is kicked. If they reach first base, the runner can then decide to proceed to further bases if they feel they can reach the next base safely. Foul lines extend out from first and third base, and a ball must be inside these lines to be in play (otherwise, it is foul and a strike). One run is scored every time a runner reaches home.
- 4. Outs** - Each team gets three outs per inning. A kicker is out if three strikes are thrown, or if a ball is kicked foul on the third strike. A runner is out when the fielding team touches a base with a ball before the runner arrives, or if they are hit with a thrown ball below the shoulders while running the bases. A kicked ball caught by a fielder before hitting the ground will also result in an out.